



My Monthly Goals for the Month of _____

What can I change from last month?

My Goals for this month are:

1. _____

What I need to do to achieve this goal:

a.

b.

2. _____

What I need to do to achieve this goal:

a.

b.

3. _____

What I need to do to achieve this goal:

a.

b.

4. _____

What I need to do to achieve this goal:

a.

b.